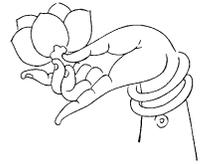




# Chung Tai Zen Center of Sunnyvale

## CALENDAR OF DHARMA EVENTS

### January to April 2019



**\* Half-Day Meditation Retreat**

4 45-minute sitting and walking meditation sessions.

Sunday mornings 9:00 am – 12:40 pm.

**Dates:** 1/6, 1/13, 1/20; 2/3, 2/10, 2/24

3/3, 3/10, 3/17, 3/31; 4/7, 4/14, 4/21, 4/28

( Open to Zen Center class students and volunteers only )

<b>Jan 2 (Wed)</b>	New Series – the 46th Session of Zen Buddhism & Meditation Classes Begins **	01 / 02 (Wed) – 04 / 02 (Tue) See more information on class flyer
<b>Jan 27 (Sun)</b>	88 Buddhas Repentance Ceremony & Memorial Service	9:00 am – 3:00 pm
<b>Feb 17 (Sun)</b>	Chinese New Year Guan Yin Blessing Ceremony, and Memorial Service	9:00 am – 3:30 pm
<b>March 24 (Sun)</b>	88 Buddhas Repentance Ceremony & Qing-Ming Day Memorial Service	9:00 am – 3:00 pm
<b>April 7 (Sun)</b>	Service in Honor of The Grand Master Wei Chueh	10:00 am – 12:00pm
<b>May 4 (Sat)</b>	New Series – the 47th Session of Zen Buddhism & Meditation Classes Begins	05 / 04 (Sat) – 08 / 01 (Thu)

**\*\* Call to inquire details or register for classes online - <http://register.ctzen.org/zims/login/en/>.**

**All programs and events are bilingual in English and Chinese unless otherwise noted.**

*All programs are free. The Zen Center is supported by the generous donations from individuals.*

*We welcome your support.*

**\* Dress code:** Please wear comfortable clothes or meditation clothing. Socks are required in the Zen Hall.

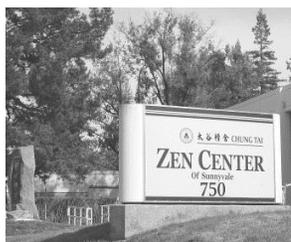
\* Meditation clothing (optional) may be obtained at the Zen Center.

\* Non-slip ankle socks are also available. Please inquire at the reception desk.

**Chung Tai Zen Center of Sunnyvale**  
**750 E. Arques Avenue • Sunnyvale • CA 94085**  
**408-733-0750 • <http://sunnyvale.ctzen.org> • E-mail: [sunnyvale@ctzen.org](mailto:sunnyvale@ctzen.org)**

# CHUNG TAI ZEN CENTER OF SUNNYVALE PROGRAMS AND EVENTS

## *Offering Tranquility in the High Tech Valley*



The Zen Center of Sunnyvale has been a refreshing spring for the spirit in Silicon Valley since it opened its door in March 2004.

In a tranquil environment, people learn the ageless wisdom of Buddhism, discover the joy of meditation, and uncover the Buddha nature within all of us.

Year-round, the Zen Center offers Zen meditation and Buddhism classes, Zen retreats, workshops, and cultural programs for different age groups at no charge. All are welcome.

## *Zen Classes – 46<sup>th</sup> Term*



The profound wisdom of the Buddha Dharma transcends time and space. The practical teachings can be applied to different areas in modern societies and daily life. To show the relevance and the benefits of the Buddhist teaching in a contemporary context, the Zen Center offers a full curriculum of Zen Buddhism classes -- 3 terms each year with 12-14 weekly classes per each term. Each class consists of a meditation session and a lecture session.

There is no charge for participation; voluntary donations are welcome. Please call the Zen Center (408-733-0750) for more information.

## *Buddhist Ceremonies*

### **88 Buddhas Repentance Ceremony & Memorial Service – Jan 27 and Mar 24**

Chanting and prostrating to the Buddhas' names allow us to repent our misdeeds, purify our karma, receive the Buddhas' blessings, and be in touch with the Buddha nature within all of us. We invite all to join us in these ceremonies and dedicate the cumulative merits towards to all sentient beings. In addition to the ceremony, a memorial service dedicated to the deceased will be held in the afternoon.

### **Chinese New Year Guan Yin Blessing Ceremony – Feb 17**

Come and celebrate Chinese New Year the Zen Way! A Guan Yin Blessing Ceremony will be held in the morning.

We will chant The Universal Gateway Chapter of the Lotus Sutra in honor of of Guan Yin (Avalokiteshvara, the Bodhisattva of Great Compassion) who vows to liberate all beings from suffering. The energy generated from this revered ceremony will open our heart and mind to unconditioned compassion and bring blessings and harmony to all.

A vegetarian luncheon will follow the ceremony.

All are welcome to set up Blessing and/or Memorial Tablets for special dedication in any of these ceremonies. Please come to Reception (Bldg. 1) for details.